A FIRST AID KIT FOR YOUR MOTORCYCLE

Do you bring a first aid kit with you when you go for a ride on your motorcycle. If not what do you do when you have or encounter an accident where someone, maybe you need emergency first aid?

It is always a good idea to have a kit with you when you ride.

There are a plethora of prepackaged first aid kits at your local drug stores and auto parts dealers. The internet has a wide variety of kits available in a variety of price ranges.

It is also possible to put your own kit together by shopping at a store like Wal-mart or your local drug store. A prepackaged kit is nice as it comes with a case to store all the needful items and is quite well thought out. The one I have shown below sells for under $17.00 and seems to contain most items you might need for roadside emergency first aid repair. There is however one missing item that you should have with you and that is a splint. While it is impossible to carry every-thing you might need in an emergency you can go to your local Home Depot or Lowes hardware store and get a couple of free wooden paint stirrers to use for an emergency splint.

Part #329165

http://www.redcrossstore.org/shopper/prodlist.aspx?LocationId=115

This Red Cross First Aid Kit contains essential first aid supplies to treat cuts, scrapes, pain, swelling, and more. All 73 pieces of this kit are latex-free and are packaged in a soft pack with clear pocket organization for quick access.

This kit is perfect for the home or on-the-go. Consider one for your car or truck also.

(4) 3” x 3” Gauze dressing pads
(2) 4” x 4” Gauze dressing pads
(1) First aid tape roll, 1” x 5 yards
(1) Gauze roll bandage, 3”
(1) CPR one-way valve face shield, latex-free
(1) American Red Cross First Aid Guide
(1) Thermometer, one time use
(2) Latex-free exam-quality vinyl gloves
(1) Pair of scissors
(1) Pair of tweezers, plastic
(1) Zippered clear-pocket soft pack (3) Antibiotic ointment packs
(4) Antiseptic cleansing wipes (sting free)
(1) Hydrocortisone pack
(2) Hand sanitizer packs
(2) 81 mg chewable aspirin tablets
(20) ¾” x 3” Plastic bandages
(10) 1” x 3” Plastic bandages
(2) 2” x 4” Elbow and knee plastic bandages
(5) 3/8” x 1-1/2”Junior plastic bandages
(1) Knuckle fabric bandage
(1) Fingertip fabric bandage
(3) Patch bandages,1-1/2” x 1-1/2”
(1) Instant cold compress
(1) Triangular sling/bandage
(1) Trauma pad, 5” x 9”

Safe riding and hope you never need it!

Roger Caron